

Send completed entry form and a check payable to: **BNA**  
WLTR—Richard Bong State Recreation Area—26313 Burlington Road—Kansasville, WI. 53139  
**DO NOT MAIL AFTER SEPT. 8th, 2009**  
**Use one form per person**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ Sex: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Run  Hike

Select (Circle) size below.

Sizes: Adult, S M L XL Add \$2 XXL Child (short sleeve-T only) M L

Waiver: In consideration of the acceptance of my entry, I, the undersigned, intending to be legally bound for myself, my Heirs, Executors and Administrators, do hereby release any and all sponsors of this race, and their representatives, successor and assigns from any and all liability arising from illness or injuries I may suffer as a result of my participation in this race. I also understand and agree that any sponsor may subsequently use for publicity and/ or photographs, videotapes and recordings for me participating in this event without obligation or liability to me.

Signature: \_\_\_\_\_ Date \_\_\_\_\_  
(Participants under the age of 18 MUST have a parent's or legal guardian's signature).

----- Cut and mail -----

BONG NATURALIST ASSOCIATION  
26313 Burlington Road  
Kansasville, WI. 53139

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TO BENEFIT  
RICHARD BONG STATE  
RECREATIONAL AREA  
KANSASVILLE, WISCONSIN

Sunday  
September 27, 2009  
3.8 Mile Trail



BONG NATURALIST  
ASSOCIATION PRESENTS:  
10th ANNUAL  
WOLF LAKE  
TRAIL RUN/HIKE

## DATE

Sunday September 27th

## TIME

10:a.m. Sharp (Run and Hike)

## COURSE

*A 3.8 mile run/hike takes place on the Blue Trail encircling beautiful Wolf Lake. Beginning and ending near the beach, the course traverses a variety of hills, grassland and woodland. The lake is visible throughout most of the course. Strollers are not recommended for this trail.*

**NO PETS ALLOWED AT THE BEACH OR SHELTER.**

## PACKET PICK-UP

Race day only  
8:30-9:30 a.m. Shelter #3 at the beach

## AID STATIONS

There will be one aid station on the course. **Water bottles are highly recommended for all hikers.**

## QUESTIONS?

Call Donna Mosca at 262-878-5609  
or R.B.S.R.A staff at 262-878-5600  
Or [donna.mosca@wi.gov](mailto:donna.mosca@wi.gov)

## FEES

\$18.00 postmarked by September 8th  
\$20.00 on race day.  
\$50.00 Family postmarked by September 8th  
(For parents and dependant children ONLY)

**Registrations received after  
Deadline will be charged and treated as a  
race day entrant.**

Make checks payable to BNA  
Please mail entry form and fee to:

**WLTR**

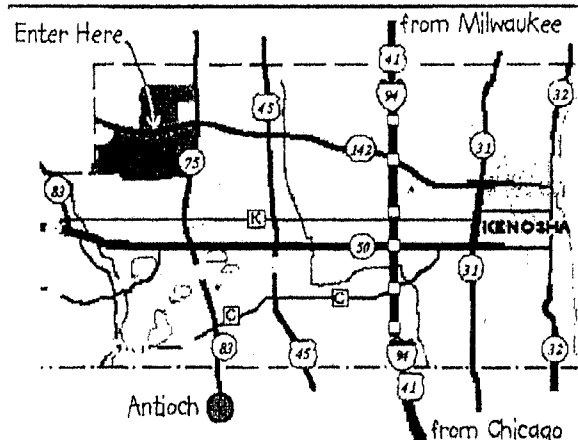
**Richard Bong SRA  
26313 Burlington Road  
Kansasville, WI 53139**

If you do not have a Wisconsin State Park sticker, a \$5.00 daily entrance fee (per vehicle) must be purchased on race day.

## DIRECTIONS

The Park is located in Kenosha County, Wisconsin, 9 miles West of I-94 on Hwy. 142. 45 minutes from Milwaukee, 1.5 hours from Chicago.

## MAP



## SPONSORS

Please support these fine businesses that have sponsored our race:

**PATS SERVICES, INC.**  
**ROGANS SHOES**  
**COMMUNITY STATE BANK**  
**MONTRAIL**

Sponsorship still available

## AWARDS

Runners and hikers who register by the September 8th deadline are guaranteed a beautiful long-sleeved T-shirt. A very limited number of shirts will be available on race day. There will be refreshments, music and door prizes after the race. Race results are computer tabulated. Runner awards will be presented at 11:15a.m. The top three male and female finishers in each of the following age categories will receive awards.

## AGE DIVISIONS

12 and under 13 - 18 19 - 29  
30 - 39 40 - 49 50 - 59  
60 - 69 70 and over.

Please join us to preserve and improve this important community natural resource. For information about activities with the **Bong Naturalist Association** visit the website:

[www.bongnaturalistassociation.org](http://www.bongnaturalistassociation.org)